



EMF RADIATION EXPOSURE CHECKLIST



HOW MANY ITEMS IN YOUR HOME ARE EXPOSING YOU & YOUR LOVED ONES TO DANGER?

Thank you for requesting this important report and checklist! We are serious about helping people identify the dangers of EMF Radiation exposure so they can take the necessary precautions to protect themselves and their family!

ARE YOU & YOUR FAMILY BEING EXPOSED TO DANGEROUS LEVELS OF EMF RADIATION?

Microwave Cellphone Effects
Absorption in the Brain According to Age

Age Group	Brain Absorption Level (Color Scale)
5 Year Old	Low (Blue)
10 Year Old	Medium (Yellow)
Adult	High (Red)

USE OUR EMF TRACKER CHECKLIST TO FIND OUT

DISCOVER ALL THE SOURCES OF EMF EXPOSURE NOW!

There are two main types of EMF Radiation: 1) High Level Ionizing EMF Radiation; and 2) Low Level Non-Ionizing EMF Radiation.

High Level Ionizing EMF Radiation sources include ultraviolet rays, x-rays and gamma rays. Low Level Non-Ionizing EMF Radiation sources include radio waves, WiFi devices, Bluetooth devices, infrared, visible light and more being emitted from many common items and devices you use every day in your home and office!

Why is it so important to identify and minimize exposure to EMF Radiation? Because a vast number of research studies around the world have proven that EMF Radiation is dangerous to our health in many ways! We cannot list them all here, but a quick search will reveal a long list of serious dangers to our health!

According to researchers, the most common exposure symptoms reported include fatigue, brain fog, memory issues, stress, sadness, tension, sleeplessness, head and body discomfort and suppressed immunity. Many people do not realize their symptoms could be related to EMF Radiation exposure!

As the number of EMF Radiation sources increases and the levels of radiation emitted from these sources increases, so does the level of exposure and danger to your health and the health of your family! That is why we have provided this important checklist!

This checklist is designed to help you identify the most common items and devices in your home or office that are exposing you and your loved ones to dangerous EMF Radiation! The checklist includes the sources of EMFR in your home or office that **YOU CAN CONTROL!**

However, you are also affected by sources of EMF Radiation **YOU CANNOT CONTROL** such as nearby power lines, cell towers and WiFi network signals. A quick search on any computer or mobile device will reveal all the WiFi network signals in your range, which means more EMF Radiation reaching **YOU!**

No matter how many sources of EMF Radiation you identify by using the checklist, we have many simple, safe, inexpensive solutions to help minimize, neutralize and harmonize the effects of EMF Radiation to protect yourself and your loved ones from the dangers of EMFR! Just complete the checklist and then contact us to discover the best solutions!

EMF EXPOSURE SOURCE CHECKLIST

HAVE "X"	DEVICE DESCRIPTION	NUMBER DEVICES	NOTES
	Cordless Phone		
	Mobile Phone		
	Tablet/e-Reader		
	Laptop Computer		
	Desktop Computer		
	WiFi Router		
	Wireless Keyboard		
	Wireless Mouse		
	Wireless Printer		
	Wireless Signal Booster		
	Wireless Game Console		
	Wireless Speakers		
	Wireless Headphones		
	Wireless Ear Buds		
	Wireless Baby Monitor		
	Wireless Alarm Clock		
	Smart Watch/Fitness Tracker		
	Smart/Streaming Device		
	Smart TV		
	Power Strip/Power Supply		
	Power Charger for Devices		
	Smart Meter		
	Air Conditioner		
	Lightbulbs		
	Lighting Controls		
	Wireless Security System		
	Wireless Door/Window Sensors		
	Wireless Doorbell		
	Wireless Motion Sensors		
	Wireless Remote Controls		
	Wireless Thermostat Controls		
	Induction Cooktop/Oven		
	Toaster [Bluetooth]		
	Refrigerator [Bluetooth]		
	High Speed Blender		
	Microwave		
	Dishwasher		
	Vacuum Cleaner		
	Hair Dryer		
	TOTAL DEVICES TO PROTECT		